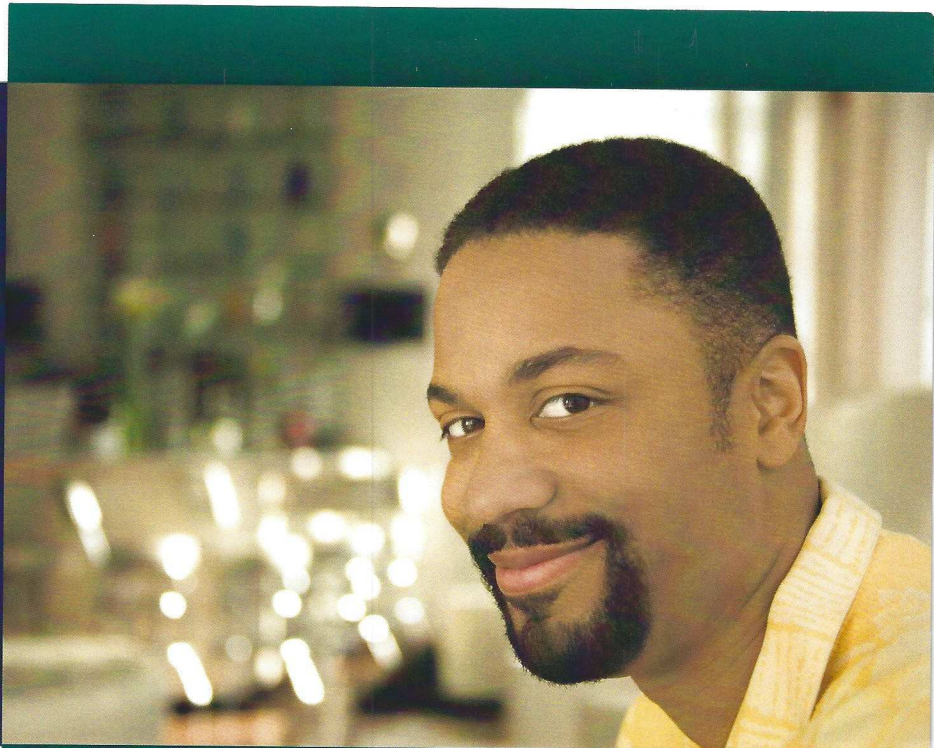


Prostate cancer screening



Prostate cancer is highly curable when found early

Prostate cancer screening can discover problems early, when there are more treatment options and a better chance of a good outcome. The screening is painless, only takes a few minutes and involves a simple blood test (prostate-specific antigen or PSA) and, often, a digital rectal exam. The screening is the best method we have for detecting prostate cancer today.

About prostate cancer screening

Before getting screened, talk with your doctor about the risks and benefits. Then, make an informed decision.

- Screening can provide peace of mind.
- Screening might mean finding cancer, taking more tests and treating a potentially serious cancer.
- Treatment can be lifesaving.
- Some prostate cancers grow slowly. Slow-growing disease may never affect your health, and it may not need treatment beyond careful monitoring by your doctor.
- Prostate cancer screening will not show if a cancer is slow-growing or aggressive. A prostate cancer specialist can determine this and help you make decisions about treatment.

Prostate cancer screening guidelines

Age 50: Men who are at average risk of prostate cancer and are expected to live at least 10 more years.

Age 45: Men at high risk of prostate cancer. This includes Black men and men who have a first-degree relative (father, brother or son) diagnosed with prostate cancer younger than age 65.

Age 40: Men at even higher risk include those with more than one first-degree relative who had prostate cancer younger than age 65.

If you decide to be screened, talk with your doctor. Then, call us at **414-777-7700** for your appointment. We can help you find a doctor if you don't have one. Learn more: froedtert.com/prostate.

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